



How is Angel Squad 2014 Money Spent?

This year, our Angel Squad and holiday fundraising will be focused on the support of life-enrichment initiatives for our residents living in long-term care, including the following commitments:

Gardening and Outdoor therapy programs Including the *Great-West Life Rooftop Garden and Solarium*, located on the seventh floor of MHC, and other small green spaces that we maintain, these are places where residents in long-term care can participate in gardening programs, visit with family in a peaceful surrounding, or simply go and feel the warmth of the sun.

Fast Fact: Our residents grew their own vegetables on the 7th floor of Misericordia this summer for the first time, including a “pizza garden” of tomatoes, basil, and oregano!

Music Programs in long-term care Music has been proven to relieve pain and reduce stress and anxiety for patients; our experience is that it can be life-changing! The *Travelling Musician* program brings real musicians into long-term care for social visiting and to take requests for favourite songs. The *Music and Memory* program gives iPods and headphones to residents so they can listen to their favourite music at their own pace and volume. Fundraising will also support a Choir Director and Tone Chimer for residents in long-term care.

Fast Fact: Most-requested songs in long-term care: Five Foot Two, You Are My Sunshine, and Red River Valley!

Art Programs in long-term care The *Portrait Program* and other art programs give residents in long-term care a creative and therapeutic outlet through art.

Fast Fact: Art that has been created by residents in long-term care can be seen displayed throughout MHC, including the walls inside the Great-West Life Rooftop Garden and Solarium!

Updated Surroundings in long-term care There is simply not enough funding available to update older bedside furniture in long-term care, but we believe that updated and comfortable surroundings are important for our seniors who must leave their homes behind to live in long-term care.

Fast Fact: It costs \$1000 per resident to update their bedside furniture (table and chair).

More...

High-resolution photos of the Great-West Life Rooftop Garden from this summer can be viewed or downloaded via dropbox at:

<https://www.dropbox.com/sh/o7yki5k4nrjnk4u/AADkkSXqyCjYu0xCnSxf1YqHa?dl=0>

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